



NATIONAL INSTITUTE OF PHARMACEUTICAL EDUCATION AND RESEARCH,
RAEBARELI

A Report on Celebration Activity

National Energy Conservation Day 2023

Date: 14 Dec, 2023

Time and duration: 1hr

Program Theme: Stress Management

Objective:- On this National Energy Conservation Day, let's commit to using energy wisely in our daily lives, minimizing any wastage, and raising awareness about the significance of energy conservation for a sustainable future and a healthier environment.

Student Participants: 100

Faculty Participants: 18

Benefit Learning: Awareness of environment and stress management

Resource Persons:

Dr. Nimisha Vandan, the CEO of OkayMinds in Hong Kong

Descriptions:

On the occasion of National Energy Conservation Day, a session on "Stress Management and Resilience among Pharmacy Students" at NIPER-Raebareli on 14th December 2023 by Dr. Nimisha Vandan, the CEO of OkayMinds in Hong Kong.





NATIONAL ENERGY CONSERVATION DAY

14 DECEMBER